

**Confidential Health History Form** 

CHILD

Name:		Cell Phone:					
Address:		Home Phone:					
City:	Prov:	Work Phone:					
Postal Code:	Gender: F / M / O	Birth Date: D/M/Y	Age:				
Email:		School grade level:					
Parent/Guardian:		Relationship					
Parent/ Guardian Phone:		Email:					
Health Insurance Company & cover	age amount/year:	-					
Name of Family Doctor:		Date of last physical:					
List Exercises – Sports - Interests:							
Would you like appointment remin	ders by: 🗌 Email		SMS (text)				
List any allergies:							
How did you hear about our office?							
Have you had previous Chiropractic care? No Yes If yes, when was your last visit:							
Indicate your primary symptom:							
Is your symptom due to an accident or a fall? No Yes describe:							
When did your symptom begin?		Have you had this s	symptom before? No Yes				
What do you think caused your symptom?							
Have you had previous treatment for this symptom? No Yes, specify							
Have you had X-ray, MRI or other tests for this symptom? No Yes, specify:							
Does this symptom interfere with your: School work Sleep mood factivities family life							
Rate the intensity of your symptom 1 2 3 4 5 6 7 8 9 10							
Least pain Worse pain							
Is your symptom: Constant Coccasional Worse in the morning at night							
What aggravates your symptom?							
What relieves your symptom?							
Indicate on the diagram (to the right): S for SHARP Pain D for DULL pain							
T - for Tingling/ Numbness B -	for <b>Burning/ throbbing</b>	A for ACHING pain	FRONT BACK				

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CHILD

#### Please I check the following boxes: "C" for the conditions you are CURRENTLY experiencing and under the "P" for \*\* the last row in italics are for females only \*\* conditions you have had in the PAST

	С   Р		С   Р		С   Р		С   Р
Unexplained weight loss		Slurred speech		Poor appetite		Headaches	
Unrelenting pain (day or night)		Previous stroke/ TIA		Fever / chills/ sweats		Jaw pain	
Loss of bowel/bladder function		Double vision		Frequent colds		Sinus pain	
Loss of balance/ feel unstable		Heart palpitations		Ear infection		Neck pain	
Poor concentration or memory		Fainting / dizziness		Heartburn/indigestion		Upper/Mid Back	
Ear pain/ ringing		Chest pain		Constipation/Diarrhea		Shoulder pain	
Spitting up phlegm/ blood		High blood pressure		Irritable bowel		Wrist/hand pain	
Difficulty swallowing		Low blood pressure		Nausea / vomiting		Low Back pain	
Cold hands or feet		Tremors		Asthma		Hip/Groin pain	
Swollen hands or feet		Difficulty breathing		Anxiety/ depression		Knee pain	
Painful urination		Chronic cough		Difficulty sleeping		Ankle/arch pain	
Blood in urine/ stool		Bronchitis		Pneumonia		Migraines	
Menstrual pain		Irregular cycles		Mood swings			

Indicate any other conditions of concern:

### Please check ☑ all stressors you are currently

Prolonged sitting	Poor sleep	Prolonged standing	Repetitive twisting	
Emotional stress	Poor posture	Repetitive lifting		
Fell /jumped from a height greater than 4 ft (e.g. play structure/ bunk bed)	Had an impacts snowboarding/ skiing/ biking /trampoline etc	Play contact sports	Dropped as a baby/child	
History of concussion	Fractured a bone	Received stitches	Had surgery	
Had a sport's injury	Sprained an ankle	Had a serious fall	Had emergency care	

## Describe any major trauma or impact:

# List any diagnosed condition(s):

## List any medication you are currently taking:

#### List intake

Hours of sitting	/day	Glasses of water:	/day	Caffeinated drinks:	/day	Food Intolerance/List:	
Screen time:	hrs/ day	Hours of sleep:	/night	Hours of exercise:	/week		

The fee for the New Patient Consultation and examination is 110\$. X-ray digital imaging if required is 40\$ - 80\$.

Patient's Signature:

Parent/Legal Guardian's Signature: \_\_\_\_\_

Date: